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**2x2 Conversations Worksheet**

Frame

*in community, our potential is truly realized. what we have to offer to each other is not merely critique, anger, commentary, ownership and false power. we have the capacity to hold each other, serve each other, heal each other, create for and with each other, forgive each other, and liberate ourselves and each other.*

adrienne maree brown from [in relationship with others](https://adriennemareebrown.net/2009/07/07/in-relationship-with-others/)

The opportunity to engage in “real talk” with each other, in real time is an important feature of human development in general and leadership development in particular. Healing centered leadership assumes learning how to be in right relationship with one another, and part of being in right relationship is engaging each other in meaningful conversations about important topics that allow for vulnerability, honesty, respect for differences and openness.

The intentional space we set aside for deep conversations is something we hope you will continue to practice and use inside of your communities.

Instruction

Gather the group you want to encourage to be in deeper conversation with one another. The group should be related to each other in some way (members of congregation, youth group, staff, etc.), although please do imagine as open an invitation as possible within your context.

Find an opportunity in your context to engage folks in time of conversation and reflection on Building Community, Bridging Divides, Pursuing Justice, Healing the world.

Facilitation

Distribute the question to each member of the group.

Allow folks to self-select in pairs (20 minutes)

After 20 minutes have passed invite the pair to find another pair to join so that there are now four people in a group. Continue to engage the question for another 20 minutes

Allow the full group to reconvene. Take 2 minutes of silence to process the experience.

Open up the full group to engage the following:

1. What did was your experience of the conversation
2. What worked for you in the encounter
3. What was challenging
4. Name one thing you learned about your conversation partner(s)
5. Name one thing you learned about yourself

Close with a prayer, poem or other appropriate benediction

**Sample Questions**

**On Building Community**

* What are the aspects of your identity that shape how you experience community

**On Bridging Divides**

* What is a divide you find most challenging to bridge in your community and what do you think makes it challenging?

**On Pursuing Justice**

* What is a narrative, story or way of thinking that you find you need to rewrite, to show up more powerfully for the justice concern you care about?

**On Healing the World**

* What spiritual resources inform your struggle, your action, your being as a faithful/religious person?