

**Sharing Practices Worksheet**

**If you engaged one or more practices in your context– Reflect on the following -**

1. What is your community context, your community of practice and accountability?  Who did you engage?
2. Which of the community-building practice(s) have you tried in your context?
3. What did you hope to gain for/from your community through the practice?
4. What did you experience/learn?
5. What did it feel like to lead the practice what difference did it make?
6. What will you do differently or the same the next time?
7. How can the cohort support you in your reflection and practice?

**If you did not engage in practice still answer -**

1. What is your community(ies) of accountability
2. What has made engaging in the practices a challenge for you?
3. Is it a practice that you would like to try—as is or with modifications—in your context?
4. What do you need to move from wanting, to actually trying a particular practice(s)?
5. How can the cohort support you?